

CHOROBOPIS

Admission date: Examination date:
Examined by: year: group:
Advanced assistant: Ward:
Assessment:

Patient: Birth number
Address:

A. **CASE HISTORY** Data 1 reliable 2 uncertain Source 1 patient 2 another.....

I. PRESENT COMPLAINTS

ADMITTED 1 due to complaints
2 without complaints: to be examined – for therapy

HOSPITALIZATION 1 first 2 last in
and discharged on (day) with diagnosis

PRESENT COMPLAINTS started acutely - chronically (insidiously) worsened
Why is the patient coming just now / Why has he not come earlier

DEVELOPMENT OF THE PRESENT COMPLAINTS (chronological summary of the complaints' progress)

1 PAIN (PRESSURE) 1 no 2 yes (fill in the description in the table)

Pain description	While moving	On physical exertion	On empty stomach While eating After meal	On inspiration On expiration
Retrosternal				
Elsewhere in chest				
In abdomen				
Elsewhere				

Further details

2 DYSPNOEA 1 no 2 on physical exertion 3 at rest permanently – in attacks
1 on inspiration 2 on expiration
Aggravated if lying down 1 no 2 yes

3 COUGH 1 no 2 dry 3 with expectoration independent – dependent of position.....
Fits of coughing 1 no 2 in the morning – at rest 3 after exertion 4 after other stimuli
Frequency 1 rare 2 minimum of three months in one year

4 SPUTUM 1 no 2 frothy 3 watery 4 viscous – thick Approximate amount
Colour 1 whitish 2 yellow – green 3 pink 4 rusty 5 bloody dark – light 6 other

5 HOARSENESS 1 no 2 at times 3 permanent since 4 aphonia since ...

6 PALPITATIONS 1 no 2 in attacks rarely – often 3 permanently since

7 SKIPPING BEATS 1 does not feel 2 rarely 3 often since

8 OEDEMAS OF LOWER LIMBS 1 no 2 at times..... 3 permanent – increasing
1 symmetrical 2 larger right – larger left

9 OTHER OEDEMAS 1 no 2 yes Where

- 10 PAINFUL CRAMPS IN CALF** right – left 1 no 2 when walking 3 at rest – when lying down
- 11 APPETITE** 1 adequate 2 increased – binge eating 3 decreased – none
 Food intolerance 1 no 2 yes Does not tolerate
 Distaste for 1 meat 2 fat 3 other foods
- 12 DYSPEPSIA** 1 aerogastria – belching – feeling of a full stomach – heartburn – regurgitation – salivation
 – lack of appetite – nausea; feeling of a full abdomen – borborygmus / rumbling – flatulence
 1 no 2 yes
 Food related 1 no 2 yes
 Position related 1 no 2 yes
- 13 PROBLEMS WITH SWALLOWING (dysphagia)** 1 no 2 minor 3 marked
- 14 VOMITING** 1 no 2 rare ... 3 at times ... 4 frequent ...
 Time 1 on empty stomach 2 after meals 3 not related to food
 Content 1 green 2 yellow 3 bloody 4 other Approximate amount ml
 Taste in the mouth after vomiting ...
- 15 AFTERTASTE** 1 yes 2 no
- 16 BURNING SENSATION ON THE TONGUE (glossodynia)** 1 no 2 minor 3 marked at times ...
 Permanent since
- 17 HICCUPS** 1 no 2 at times 3 permanent since ...
- 18 PAINFUL URGE TO DEFECATE (tenesmus)** 1 no 2 at times 3 permanent since ...
- 19 DEFECATION** 1 normal 2 painful
 Frequency 1 regular approx. 1x / day 2 x / day 3 more than 5x / day (diarrhoea) 4 less than
 1x / 5 days (constipation) 6 incontinence
- 20 STOOLS** Consistency 1 formed 2 mushy 3 watery 4 hard, in pieces
 Colour 1 brown – normal 2 grey (acholic) 3 melaena 4 other..... 5 does not know
 Traces 1 no 2 mucus 3 fresh blood 4 mucus and blood
- 21 SIZE OF ABDOMEN** recently since 1 the same 2 increased 3 decreased
- 22 WEIGHT** 1 stable – fluctuates slightly ... kg 2 weight gain ... kg/ 3 weight loss kg/ ...
- 23 THIRST** 1 adequate 2 polydypsia ... l/day 3 distaste for water
- 24 URINATION** 1 no difficulties 2 dysuria 3 cutting pain while urinating 4 indwelling catheter
 Frequency 1 max 5x / day 2 more often ... x / day 3 no urination in the last 12 hrs ... 4
 incontinence 5 ischuria paradoxa
 Volume of urine 1 adequate 2 polyuria ... ml / day 3 oliguria ... ml / day
 Nocturia 1 no 2 x / night
- 25 URINE** Colour 1 normal (yellow) 2 dark brown to black 3 red 4 other ... 5 does not know
- 26 SKIN** Itching – paresthesia – chills 1 no 2 yes Where, when
 Perspiration 1 no 2 increased 3 profuse When
 Heat tolerance 1 yes 2 no
 Cold tolerance 1 yes 2 no
 Changes in colour in the last months 1 no 2 paleness 3 jaundice of varying intensity – permanent
 since ... – deteriorating 4 cyanosis 5 hyperpigmentation 6 other ...
 Other changes 1 no 2 yes
- 27 FATIGUE – LETHARGY** 1 no 2 increased 3 marked
- 28 NERVOUS STATE** 1 no 2 increased 3 marked

- 29 **FEAR – ANXIETY** 1 no 2 at times ... 3 permanent since ...
- 30 **HEAD INJURY** in the last three months 1 no 2 yes ...
Before 1 no 2 yes
- 31 **MEMORY** 1 normal 2 forgetfulness since ...
- 32 **STATES OF UNCONSCIOUSNESS** 1 no 2 yes When ...
- 33 **SPASMS** 1 no 2 yes tonic – clonic When, where ...
- 34 **LIMB TREMOR** 1 no 2 at times ... 3 permanent since.....
- 35 **SLEEP** 1 calm 2 difficult to fall asleep 3 interrupted 4 somnolence
Inversion of sleep and wakefulness 1 no 2 yes
- 36 **VERTIGO** 1 no 2 only if position changed 3 also at rest ...
- 37 **SIGHT** Can see 1 well 2 poorly right – left 3 cannot see with right – left eye
Spectacles 1 no 2 presbyopic 3 myopic Dioptres right ... left ...
- 38 **HEARING** Can hear 1 well 2 poorly right – left 3 cannot hear with right – left ear
Buzzing in the ear 1 no 2 at times ... 3 permanent since ...
- 39 **SMELL** 1 good 2 hyposmia – anosmia 3 cacosmia 4 both
- 40 **TASTE** 1 normal (senses salty, sweet, bitter, sour) 2 disorder
- 41 **TROUBLE WITH WALKING** 1 no 2 yes
- 42 **MUSCLE WEAKNESS (adynamia)** 1 no 2 yes
- 43 **PLEGIAS – PARESES** 1 no 2 yes When and where appeared
- 44 **BLEEDING** Spontaneous petechiae – suffusions – haematomas – epistaxes – menometrorrhagias 1 no 2
2 yes
Bleeding after injury 1 adequate 2 above average Amount of transfusions ... 3 had no injury – does
not know
Bleeding after operation / tooth extraction 1 adequate 2 above average Amount of transfusions ...
3 no operation – does not know
- 45 **LYMPHOMAS** 1 no 2 first enlarged node where when ... specification
- 46 **TEMPERATURE** in the last week 1 average below 37°C 2 increased below 38°C ... 3 above 38°C 4
does not know
Periods of increased temperature (fever) over the last months 1 no 2 yes
- 47 **RIGOR - SHIVERING** 1 no 2 before temperature 3 during temperature
- 48 **DIET** in the last week 1 none 2 free 3 strict Which
- Diet fault 1 no 2 yes
- 49 **PHYSICAL EXERTION** in the last week 1 usual 2 excessive 3 limited
- 50 **DRUG INTAKE** 1 no 2 yes name of the drug, since when prescribed, dosage, effect
- OTHER COMPLAINTS**.....

II. PERSONAL HISTORY

1 **DELIVERY** 1 physiological 2 pathological3 not asked – does not know

2 **PUBERTY** 1 normal 2 premature3 delayed 4 not asked – does not know

3 **CHILDHOOD INFECTIONS** 1 none 2 viral, rubella – chicken pox – measles – mumps 3 bacterial, recurrent tonsillitis – diphtheria – scarlet fever – whooping cough 4 viral and bacterial 5 not asked – does not know

4 **CONGENITAL DEFECTS** and diseases occurring perinatally (XV) 1 no 2 yes

5 **MENSTRUATION** sinceyears old 1 regular 2 disorders3 menopause sinceyears old

6 **LIBIDO**, potency 1 adequate 2 increased 3 decreased – none 4 not asked – does not know

7 **SEXUAL LIFE** 1 normal 2 deviations 3 not asked

8 **DELIVERIES** number year / birth weight / complications (XI).....

9 **ABORTIONS** spontaneous year / cause
Induced abortion year / indication
.....

10 **CONTRACEPTION** 1 none 2 IUD 3 steroids When4 not asked

11 PRESENT DISEASES

		Period From – to	Diseases, results	Where hospitalized
I.	Infections, parasites			
II.	Neoplasms			
III.	Inner secretion, Metabolism, nutrition			
	Immunity, allergy			
IV.	Blood and haematopoiesis			
V.	Mental disorders			
VI.	Nervous system, senses			
VII.	Circulatory system			
VIII.	Respiratory system			
IX.	Digestive system			
	Liver and bile ducts			
X.	Urinary and reproductive system			
XI.	Skin and subcutaneous tissue			
XII.	Muscles, bones, joints			
XIII.	Nonspecific conditions			
XIV.	Injuries, accidents poisonings			

12. **OPERATIONS** When, type

13. PUNCTURE When, organ, result.....

14. BLOOD DONOR 1 yes 2 no BLOOD GROUP.....

15. PAST TREATMENT

	what	when	how much	effect
Antibiotics				
Corticoids				
Blood derivatives				
Radioisotopes, radiation				
Analgesics, antirheumatics				
Cytostatics, other				

III. SOCIAL HISTORY

1 PLACE OF BIRTH RESIDENCE

2 EDUCATION (completed): 1 elementary 2 secondary 3 university
4 apprentice

3 OCCUPATION

Period (years)				
a) Demanding job (subjectively)	Physically	exhausting moderate easy	exhausting moderate easy	exhausting moderate easy
	Mentally	exhausting moderate easy	exhausting moderate easy	exhausting moderate easy
b) Risks	Noise level			
	Dust level			
	Toxic chemicals			
Occupation				

4 PENSION 1 no 2 part disability pension since reason
3 full disability pension since reason old age pension
5 other since Monthly income CZK

5 SPORTS, PERFORMANCE
Long-term bed-confined

6 MARITAL STATUS 1 single 2 married since 3 divorced 4 widowed since
Family life Number of people in his/her care
Can be home-cared by: 1 family members 2 neighbours 3 nurse 4 no-one

7 FAVOURITE FOOD, meals

8 HOBBIES

9 DISEASES IN YOUR AREA

10 CONTACT WITH ANIMALS 1 yes 2 no

11 STAY ABROAD (when, where)

12 HABITS

Alcohol concentrated, beer, wine How much in the years	1 never	2 sometimes	3 daily	4 frequently drunk	5 treated
Smoking cigarettes in the years	1 non-smoker	2 up to 20/day	3 20-40/day	4 more than 40/day	5 cigar pipe
Coffee in the years	1 does not drink	2 sometimes.....	3 1/day	4 more/day	
Phenmetrazine Psychoton in the years	1 none				
Other in the years					

IV. FAMILY HISTORY

Family relationship	Father	Mother	Siblings		Children		Others
			M	F	M	F	
Born (year)							
Died (age)							
Cause of death							
I.	Infections, parasites						
II.	Neoplasms						
III.	Inner secretion, Metabolism nutrition						
	Immunity, allergy						
IV.	Blood and haematopoiesis						
V.	Mental disorders						
VI.	Nervous system, senses						
VII.	Circulatory system						
VIII.	Respiratory system						
IX.	Digestive system						
	Liver and bile ducts						
X.	Urinary and reproductive system						

XI.	Skin and subcutaneous tissue								
XII.	Muscles, bones, joints								
XIII.	Nonspecific conditions								
XIV.	Injuries, accidents poisonings								

B. PHYSICAL EXAMINATION

I. BASIC EXAMINATION

- 1 SEX** 1 male 2 female **2 AGE** **3 WEIGHT** kg **4 HEIGHT** cm
- 5 PULSE** **6 BLOOD PRESSURE** sitting – lying down left arm..... right arm
- 7 BREATHING RATE** /min **8 TEMPERATURE** axillary°C
- 9 BODY TYPE** 1 mesomorphic 2 endomorphic 3 ectomorphic
- 10 NUTRITION STATUS** 1 adequate 2 obesity 3 malnourishment 4 cachexia
- 11 WALKING** 1 without problems 2 with difficulties 3 impossible
- 12 MENTAL AWARENESS** 1 lucid 2 somnolence 3 sopor 4 coma
Qualitative disorder 1 no 2 semiconscious state 3 confusion 4 delirium
- 13 EMOTIONAL STATE** 1 adequate 2 euphoria 3 depression 4 apathy 5 anxiety
- 14 MENTAL ORIENTATION** 1 correct 2 disoriented to time – place – person – situation
- 15 BEHAVIOUR** 1 adequate 2 submissive 3 affective 4 impulsive 5 aggressive
- 16 APPEARANCE** 1 good 2 exhausted – hygiene neglected
- 17 COOPERATION DURING EXAMINATION** 1 good 2 with difficulties – impossible due to serious condition

II. SKIN AND ADNEXA

- 1 TEMPERATURE** 1 adequate 2 markedly warm skin 3 markedly cold skin
- 2 MOISTURE** 1 adequate 2 markedly moist skin 3 markedly dry skin
- 3 COLOUR** 1 adequate to age 2 pale 3 increased pigmentation 4 jaundice 5 cyanosis.....
6 erythema..... 7 other.....
- 4 DERMATOGRAPHISM** 1 red 2 without elevation – raised 2 white
- 5 TURGOR** 1 adequate 2 decreased 3 increased
- 6 ELASTICITY** on the back of the hand 1 normal 2 decreased

- 7 SPIDER NAEVI** 1 none 2 rare 3 numerous Where
- 8 STRIAE** 1 none 2 pale 3 purple red Where
- 9 HAEMORRHAGIC MANIFESTATIONS** 1 none 2 rare 3 numerous petechiae – suffusions – haematomas Where
- 10 NAEVI – FIBROMAS – LIPOMAS – PLANTAR WARTS** 1 rare 2 many Where
- 11 BEDSORES** 1 none 2 starting 3 developed Where.....
- 12 PUBIC HAIRS** axillary 1 adequate 2 thin 3 missing
pubic male – female type 1 adequate 2 thin 3 missing
hypertrichosis – hirsutism 1 no 2 yes Where ...
beard in males 1 adequate 2 little 3 none
- 13 HAIR** Colour ... Density 1 adequate – thin 2 limited alopecia 3 diffuse alopecia
- 14 NAILS** 1 pink 2 cyanotic 3 other ...
 Shape 1 usual 2 koilonychia 3 of a watch glass 4 other
- 15 PALMAR ERYTHEMA** 1 no 2 indicated 3 marked
- 16 OTHER CHANGES**

III. HEAD

Shape 1 mesocephalic 2 dolichocephalic 3 brachycephalic
 Abnormalities 1 no 2 yes

A. EYES

- 1 EYELIDS** Oedema 1 no 2 yes right upper – lower ; left upper – lower
 Xanthelasma 1 no 2 yes ...
 Other changes 1 no 2 yes Which Where
 Palpebral fissure right – left 1 adequate 2 dilated 3 narrowed
- 2 LACRIMAL GLANDS AND DUCTS** 1 without changes 2 changes right – left
- 3 EYEBALLS** Artificial eye 1 no 2 right – left
 Location 1 normal 2 exophthalmos right – left 3 enophthalmos right – left
 Position and movements 1 normal 2 strabismus convergent – divergent 3 nystagmus 4 both
 Convergency disorder 1 no 2 yes
 Intra-ocular pressure on palpation right – left 1 adequate 2 increased 3 decreased
- 4 CONJUNCTIVAS** right – left 1 pink 2 erythematous 3 pale
 Other changes 1 no 2 yes Which Where
- 5 CORNEAE** right – left 1 without changes 2 arcus senilis 3 Kayser-Fleischer ring
 Other changes 1 no 2 yes Which Where
- 6 SCLERAE** right – left 1 white 2 icteric 3 other ...
- 7 IRISES** Changes 1 no 2 yes Where...
- 8 PUPILS** 1 isocoria 2 anisocoria mydriasis right – left - constriction right – left
 Photoreaction (direct) right – left 1 normal 2 sluggish 3 none
 Photoreaction (indirect) right – left 1 normal 2 sluggish 3 none
 Reaction to convergence 1 normal (narrowing) 2 none
 Colour 1 black 2 grey right – left 3 other.....

B. EARS

1 AURICLES Tophi 1 no 2 yes right – left

Other changes 1 no 2 yes

2 OUTER EAR CANALS 1 normal 2 discharge right – left 3 other

C. NOSE

Shape 1 usual 2 deformed

Breathing through nostrils 1 free / easy 2 difficult right – left

Other changes 1 no 2 yes Which ... Where.....

D. MOUTH & ORAL CAVITY

1 LIPS Colour 1 pink 2 cyanosis 3 pale 4 other

Other changes 1 no 2 yes rhagades – herpes – other Where ...

2 TONGUE 1 moist 2 quite dry 3 completely dry

Size 1 adequate 2 macroglossia

Coating 1 none 2 white 3 brown 4 other

Position 1 in the midline 2 to the right 3 to the left

Other changes 1 no 2 yes Which ... Where

3 TONSILS 1 normal 2 enlarged - red - coated - other 3 after tonsillectomy

4 PALATAL ARCHES 1 normal 2 red 3 coated

5 UVULA 1 in the midline 2 elevated right – left

6 OROPHARYNX 1 normal 2 red – swollen mucosa 3 suppurative secretion 4 other

7 PALATE 1 normal 2 changes

8 MUCOSA elsewhere in oral cavity 1 normal 2 graphite spots 3 other changes

9 GUMS 1 normal 2 hypertrophic 3 atrophic

Bleeding 1 no 2 rare 3 frequent Where

Other changes 1 no 2 yes

10 TEETH 1 healthy 2 good dental treatment fillings – denture 3 caries 4 both

Other changes 1 no 2 yes Which

11 SMELL 1 no 2 uraemic 3 hepatic 4 acetone 5 other

E. CRANIAL NERVES (V and VII)

1 EXIT POINTS V. (TRIGEMINAL) 1 painless 2 painful right branch 1-2-3; left branch 1-2-3

2 INNERVATION VII. (FACIAL) right – left 1 proper 2 peripheral paresis 3 central paresis

3 CHVOSTEK SIGN 1 present 2 not present

F. FACE 1 normal 2 plethoric 3 cushingoid 4 other

1 PAROTID GLANDS 1 impalpable 2 palpable (enlarged) right – left

2 FACIAL EXPRESSIONS 1 adequate 2 lively 3 hypomimic

G. SPEECH 1 clear 2 slurred 3 aphasia

1 STUTTER 1 no 2 yes

2 HOARSENESS 1 no 2 yes 3 aphonia

H. NOTES

IV. NECK

Shape 1 adequate 2 markedly long 3 markedly short

1 MOBILITY 1 free 2 limited to sides 3 opposition of the nape small – great

2 THYROID GLAND 1 impalpable 2 diffuse goitre 3 nodular goitre right – left

Nodes in goitre 1 none 2 soft 3 hard fixed - movable

Synkinesis with larynx 1 yes 2 no

Pulsation 1 invisible 2 visible

Soreness 1 none 2 small 3 prominent

Bruit 1 impalpable 2 palpable

Murmur above goitre 1 no 2 systolic – diastolic

Scar after strumectomy 1 no 2 yes

3 VEINS 1 without congestion 2 increased volume ... cm above the horizontal level through jugular fossa

Epatojugular reflux 1 no 2 yes

4 ARTERIES throbbing 1 symmetrical 2 stronger right – left 3 weaker right – left

Bruit 1 impalpable 2 palpable right – left

Murmur systolic – diastolic 1 none 2 present right – left

5 SUPRACLAVICULAR FOSSAE 1 normal 2 arched right – left 3 sunk – drawn in

6 OTHER NOTES

V. THORAX

A. RIBCAGE Shape 1 usual symmetrical 2 asthenic 3 barrel shaped 4 inverted 5 other

1 VERTEBRAL COLUMN 1 physiologically curved 2 kyphosic 3 scoliosis 4 kyphoscoliosis

Painful 1 no 2 yes

2 RIBS AND INTERCOSTAL SPACES 1 without changes 2 changes

3 POSTOPERATIVE SCARS 1 no 2 yes

B. MAMMARY GLANDS in females shape 1 symmetrical 2 asymmetrical

1 RESISTANCE 1 palpable 2 impalpable

2 NIPPLE SECRETION 1 no 2 yes right – left What kind

Gynaecomastia in males 1 no 2 both sides symmetrical – asymmetrical 3 only right – left

C. HEART

1 APEX BEAT Inspection 1 visible adequate – lifting 2 invisible

Palpation 1 defined 2 diffuse 3 impalpable Location

2 BRUIT 1 impalpable 2 systolic 3 diastolic 4 systolic-and-diastolic

3 PERCUSSION DULNESS on the left 1 to the medioclavicular line 2 exceeds mcl by cm

4 ACTION 1 regular – respiratory arrhythmia 2 regular with extra systoles / min 3 completely irregular

Rate /min Peripheral pulse deficiency 1 no 3 yes

Triad 1 no 2 yes Where

5 HEART SOUNDS	Demarcated	Double	Sonorous	Accentuated	Feeble	Cannot assess
Apex I	1	2	1	2	3	4
Apex II	1	2	1	2	3	4
Aorta I	1	2	1	2	3	4
Aorta II	1	2	1	2	3	4
Lower sternum I	1	2	1	2	3	4
Lower sternum II	1	2	1	2	3	4
Pulmonary artery I	1	2	1	2	3	4
Pulmonary artery II	1	2	1	2	3	4

6 HEART MURMUR	Quality, intensity	None	Systolic m.	Diastolic m.	Systolic – diastolic m.	Propagation
Apex		1	2	3	4	
Aorta		1	2	3	4	
Lower sternum		1	2	3	4	
Pulmonary Artery		1	2	3	4	
Elsewhere		1	2	3	4	

EXAMINATION 1 does not give evidence of cardiac or pericardial disease

	implies	gives evidence of	results in diagnosis of
Mitral defect	2	3	4
Aortic defect	2	3	4
Aortic-mitral defect	2	3	4
Another defect	2	3	4
Another disease	2	3	4

D. LUNGS AND RESPIRATORY TRACT

1 BREATHING 1 regular 2 dyspnoea 3 orthopnoea 4 Kussmaul 5 Cheyne-Stokes 6 Biot's

2 PROLONGED EXPIRATION 1 no 2 yes

3 DISTANT BREATH SOUNDS 1 no 2 yes

4 LUNG PERCUSSION Full, clear at the full extent 1 yes 2 no (see further)

Hypersonorous 1 no 2 yes

Shortened 1 no 2 yes

5 DIAPHRAGM MOVEMENT (on percussion) on inspiration and expiration right ... cm left ... cm

6 BREATHING SOUNDS 1 vesicular 2 tubular (pathological) Where 3 other

Intensity 1 normal 2 diminished 3 exaggerated Where

7 ADDED BREATHING SOUNDS

Moist (rales) 1 no 2 rare 3 numerous stressed - unstressed small – medium – large

Where

Dry whistling – stridulous – cracking 1 no 2 rare 3 numerous Where

Frictional (pleural) murmur 1 no 2 questionable 3 certain

8 BRONCHOPHONIA 1 adequate 2 stronger 3 weaker

9 VIBRATION OF THE CHEST WALL (fremitus) 1 adequate 2 stronger 3 weaker

10 SPUTUM 1 none 2 frothy 3 watery 4 thick

Colour 1 whitish 2 yellow – green 3 pink 4 rusty 5 bloody dark – light 6 other

EXAMINATION 1 does not give evidence of respiratory diseases

	suspected	evidence of	diagnosed
Emphysema	2	3	4
Bronchitis	2	3	4
Infiltration	2	3	4
Dry pleuritis	2	3	4
Fluidothorax	2	3	4
Pneumothorax	2	3	4
Haemothorax	2	3	4

(Circle the number and add location)

E. OTHER NOTES

VI. ABDOMEN

1 at the lower thoracic level 2 at the thoracic level 3 at the upper thoracic level

1 POSTOPERATIVE SCARS 1 no 2 healed 3 fresh 4 both Where

2 COLLATERAL VEIN CIRCULATION 1 no 2 indicated 3 clear /marked Formation

3 HERNIA 1 no 2 umbilical – scrotal – inguinal right – left 3 other
Diastasis of the straight muscles 1 no 2 yes

4 SORENESS 1 no 2 yes

5 RESISTANCE 1 no 2 yes

6 ASCITES 1 undetectable 2 probable 3 marked / clear

7 METEORISM 1 no 2 not marked 3 marked

8 DEFENSE 1 no 2 localised right – left 3 diffuse

9 BORBORYGMUS (intestinal peristalsis)
1 adequate 2 rare 3 none 4 very frequent

10 LIVER 1 impalpable 2 impossible to palpate; why 3 exceeds the costal arch in right mcl by cm

Edge 1 straight 2 not straight
Surface 1 smooth 2 nodular
Consistency 1 soft 2 hard 3 very hard
Soreness 1 no 2 yes

11 GALLBLADDER 1 impalpable 2 palpable
Murphy 1 negative 2 positive

12 SPLEEN 1 not enlarged on percussion 2 enlarged on percussion 3 overlaps 4 exceeds the costal arch by cm

Friction perisplenic murmur 1 not heard 2 present

13 KIDNEYS 1 impalpable 2 palpable right – left
Lumbar regions on palpation 1 painless 2 painful right – left
Arching of lumbar regions 1 no 2 yes right – left

14 OTHER NOTES

VII. ANUS AND RECTUM

- 1 ANUS** 1 normal 2 haemorrhoids – fissures 3 prolapse 4 both
- 2 PER RECTUM** Contraction of sphincters 1 adequate 2 increased 3 decreased
Ampulla 1 empty 2 stool in pieces – mashy – watery
Mucosa 1 smooth 2 tumour suspected 3 other
- Prostate 1 small 2 enlarged 3 with nodes
1 elastic 2 harder 3 hard
- Stool on glove 1 brown 2 grey (acholic) 3 melaena 4 other 5 none
- Examination 1 painless 2 painful

VIII. OUTER MALE GENITAL

- 1 adequate to age 2 deviations

IX. EXTREMITIES

- Shape 1 usual 2 deviations
- 1 JOINTS** Shape 1 normal 2 deviations
- Mobility 1 to a full extent 2 limited (%)
- Soreness 1 no 2 passive – active
- Oedemas 1 no 2 localised 3 generalised
- Changes in surrounding area 1 no 2 yes
- Crepitation during movement 1 no 2 yes coarse - mild
- 2 MUSCLES** 1 developed adequately 2 hypertrophy 3 atrophy 4 both
- 3 TREMOR** 1 no 2 detectable on palpation – on inspection
- 4 HAND GRIP** 1 symmetrical 2 weakened right – left 3 paresis - plegia right – left
- 5 PATELLAR REFLEX** 1 adequate increased right – left 3 weakened – none right – left
- OTHER** 1 normal 2 deviations
- 6 TAXIS** upper limb right – left, lower limb right – left
- 7 LASEGUE** 1 no 2 yes right – left
- 8 ARTERY** radial – femoral – popliteal – posterior tibial – dorsal pedal artery
Pulse 1 well palpable, symmetrical 2 weakened – impalpable right – left
- 9 VARICOSE CHANGES** 1 no 2 small varices 3 ulcer 4 varicose complex Where
- 10 OEDEMAS** of lower limbs 1 no 2 symmetrical 3 asymmetrical quality
- 11 TROPHIC CHANGES** 1 no 2 yes
- 12 FINGER CLUBBING**
- 13 OTHER NOTES**

X. NODES	Palpability			Pain		Consistency		Mobility	
	impalpable	rare	packets	painless	painful	soft	hard	yes	no
Occipital right – left	1	2	3	1	2	1	2	1	2
Retroauricular right – left	1	2	3	1	2	1	2	1	2
Submandibular right – left	1	2	3	1	2	1	2	1	2
In front of and behind the sternomastoid m. right – left	1	2	3	1	2	1	2	1	2
Supraclavicular right – left	1	2	3	1	2	1	2	1	2
Axillary right – left	1	2	3	1	2	1	2	1	2
Inguinal right – left	1	2	3	1	2	1	2	1	2

C. **SUMMARY OF THE CASE HISTORY AND PHYSICAL FINDINGS**

On the basis of the case history and somatic findings it is possible to conclude that the disorder is of the following nature:

		Not probable	Debatable	Probable	Certain
I. *	Infection, parasites	1	2	3	4
II.	Neoplasms	1	2	3	4
III.	Inner secretion, metabolic	1	2	3	4
IV.	Blood, haematopoiesis	1	2	3	4
VI.	Nervous system, senses	1	2	3	4
VII.	Circulatory system	1	2	3	4
VIII.	Respiratory system	1	2	3	4
IX.	Digestive system	1	2	3	4
X.	Urogenital system	1	2	3	4
XII.	Skin. Muscles, bones,	1	2	3	4
XIII.	joints				

* WHO classification of diseases, injuries and causes of death